

# August/September

				Wednesday 25 <sup>th</sup>		Thursday 26 <sup>th</sup>	Friday 27 <sup>th</sup>		Saturday 28 <sup>th</sup>	Sunday 29 <sup>th</sup>			
				am	pm	am	am	pm	am	pm			
							Murray (Clara + Aoife)	Kelly (Eva)	Meagher	Murray (Gavin)			<b>Seniors</b>
													Monday 5.30 - 7.15am
													Tuesday 5.30 - 7.00am
													Wednesday 5.30 - 7.15am
													5.45 - 8.00pm
													Friday 5.30 - 7.15am
													6.00 - 7.00pm
<b>Monday 30<sup>th</sup></b>		<b>Tuesday 31<sup>st</sup></b>		<b>Wednesday 1<sup>st</sup></b>		<b>Thursday 2<sup>nd</sup></b>	<b>Friday 3<sup>rd</sup></b>		<b>Saturday 4<sup>th</sup></b>	<b>Sunday 5<sup>th</sup></b>			Saturday 6.00 - 8.15am
am	pm	am	pm	am	pm	am	am	pm	am	pm			Sunday 3.00 - 5.00pm OR
Carroll		Ringland		Cunningham				McCarthy (Ciaran)					7.00 - 8.30
					6.00 – 8.00 – Bradley O'Connor (Diarmait)		Hill		6.30 – 8.45 Scanlon	7.00 – 8.30 O'Reilly			
													<b>Piranhas</b>
													Tuesday 5.30 - 7.00am
										Lane Swim - Snrs			Wednesday 5.45 - 8.00pm
<b>Monday 6<sup>th</sup></b>		<b>Tuesday 7<sup>th</sup></b>		<b>Wednesday 8<sup>th</sup></b>		<b>Thursday 9<sup>th</sup></b>	<b>Friday 10<sup>th</sup></b>		<b>Saturday 11<sup>th</sup></b>	<b>Sunday 12<sup>th</sup></b>			Friday 5.30 - 7.15am
am	pm	am	pm	am	pm	am	am	pm	am	pm			Saturday 6.30 - 8.45am
McGrath (Jane)			6.00 – 7.00 – Linnane	Kelly (Eva)		Baguley							Sunday 3.00 - 5.00pm OR
		Shields			7.00 – 8.00 – Tate		Reinhardt	6.00 – 7.00 – Murphy	6.30 – 8.45 Ryan (Cian)				7.00 - 8.30
					6.00 – 7.00 – Gallagher			LANE SWIM		7.00 – 8.15 – Flemming (Jack)			
									8.45 – 9.45 – Kiernan				<b>Torpedoes</b>
									Lane Swim - Snrs	6.00 – 7.00 – Flemming (James)			Tuesday 6.00 - 7.00pm
<b>Monday 13<sup>th</sup></b>		<b>Tuesday 14<sup>th</sup></b>		<b>Wednesday 15<sup>th</sup></b>		<b>Thursday 16<sup>th</sup></b>	<b>Friday 17<sup>th</sup></b>		<b>Saturday 18<sup>th</sup></b>	<b>Sunday 19<sup>th</sup></b>			Thursday 5.45 - 7.15am
am	pm	am	pm	am	pm	am	am	pm	am	pm			Friday 6.00 - 7.00pm
Cooney	Lane Swim			Duggan		Hayden (Holly)							Saturday 8.15 - 8.45am
		McGlone	6.00 – 7.00 – Boucher		7.00 – 8.00 – Mullins		Banks	6.00 – 7.00 – Rochford	6.30 – 8.45 Gayer				Sunday 7.00 - 8.15pm
					6.00 – 7.00 – Hanney			LANE SWIM		7.00 – 8.15 – Byrne (Rachel)			
									8.45 – 9.45 – Foster				<b>Dolphins</b>
									Lane Swim - Snrs	6.00 – 7.00 – Gallagher			Monday 7.00 - 7.50pm
<b>Monday 20<sup>th</sup></b>		<b>Tuesday 21<sup>st</sup></b>		<b>Wednesday 22<sup>nd</sup></b>		<b>Thursday 23<sup>rd</sup></b>	<b>Friday 24<sup>th</sup></b>		<b>Saturday 25<sup>th</sup></b>	<b>Sunday 26<sup>th</sup></b>			Tuesday 6.00 - 7.00pm
am	pm	am	pm	am	pm	am	am	pm	am	pm			Friday 5.15 - 6.00pm
Gaynor	Lane Swim		6.00 – 7.00 – Barrett	O'Brien		Pullen							Saturday 8.45 - 9.45am
		Ronan			7.00 – 8.00 – Thornton		McKenna (Giorgia + Christian)	6.00 – 7.00 – Beatty	6.30 – 8.45 – Murray (Ruaidhri)				Sunday 6.00 - 7.00pm
					6.00 – 7.00 – Rohan			LANE SWIM		7.00 – 8.15 – Buckley			
									8.45 – 9.45 – Lynagh				<b>Minnows</b>
									Lane Swim - Snrs	6.00 – 7.00 – Hanney			Wednesday 6.00 - 7.00pm
<b>Monday 27<sup>th</sup></b>		<b>Tuesday 28<sup>th</sup></b>		<b>Wednesday 29<sup>th</sup></b>		<b>Thursday 30<sup>th</sup></b>							Sunday 6.00 - 7.00pm
am	pm	am	pm	am	pm	am							
Parga	Lane Swim			Meehan		O'Sullivan							
		Duffy (Lauren + Megan)	6.00 – 7.00 – Duddy		7.00 – 8.00								
					6.00 – 7.00 – Flemming (James)								